

THE HAPPY VALLEY ROUND WALK

→ SITUATION : Ladirat, on the D217, between Terrou and Saint-Céré

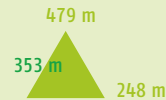
→ START POINT : Place de la Mairie (Town Hall square)

GPS Coordinates : N 44.815155° E 1.969281°

DURATION : 4hrs

LENGTH : 13 kms

WAYMARKING : Yellow



D From the town hall square, go towards Saint-Céré on the D217. Where several roads branch off, go towards Les Rouberts. 100m further on, fork right on a path and rejoin the road. Turn left then take the first track on the right, going down into the valley of La Bave. At the road, cross over towards La Bessonnie.

1 After the hamlet, cross the Bave stream, follow the bridle path (orange signs) to the right for about 2.5 kms to get to a footbridge.

2 Cross the stream and come to the hamlet of La Veyrière. Go at an angle to the left on the first track. Follow the bridle path along beside the stream to get to the D39. Go past Terrou (on your left) and go towards the right, cross the bridge and follow the sign for St. Céré to the left.

3 Take the road towards Lalba on your right. At the cross, go left, then follow the track straight ahead between two fields. Once back on the road, go straight on opposite. On your left stands the Château of Saint-Thamar. Go past a small lake on your right, and, leaving the path, go obliquely left.

4 Rejoin the road and go 50m along it, take the track on the right. Further on, go to the right and after the stream, go straight on. Then at a fork take the track furthest right to get to a pine forest. Cross the stream to get to La Planquette.

5 As you leave the hamlet, at the junction continue on towards Lafage and Ladirat to get back to the Place de la Mairie.

“ The unspoiled natural beauty of the landscape will unfold before you in and around the Bave valley with its fresh greenery. ”

TO SEE IN THE AREA...

- Sénailiac-Latronquière: the Tolorme Lake
- Lacapelle-Marival : 13th-16th C. castle, 15th C. church & covered market
- Figeac : Town of Art and History

→ FOOD SHOPS/
RESTAURANTS ETC
Terrou : Auberge La Forge
Saint-Céré, Gorses

→ INFORMATION
Grand Figeac
Lot and Célé Valley
Tourist Office
05 65 34 06 25
www.tourisme-figeac.com

THE SALMON WILL SOON BE BACK

With its fast-flowing, cool and well-oxygenated waters, the Bave, one of the Dordogne's tributaries, provides a high-quality natural habitat for fario trout, which can still go through their full biological cycle here : laying eggs, growth of young, and reproduction. This unfortunately is not the case in the river Dordogne, where electricity-producing structures have slowed down the flow and warmed the water to a temperature incompatible with the trout's survival. Fortunately, the Departmental Federation for fishing and the protection of aquatic habitats is doing its best to conserve and to restore our rivers. Thus, thanks to the construction of fish ladders, the Bave could even become suitable once again for salmon to reproduce there, now that they have reappeared in the Dordogne.

