

RAMBLE ON THE CAUSSE DE BEDUER

→ SITUATION : Béduer, 12 kms south-west of Figeac via the D19

→ START POINT : Church square

GPS Coordinates : Coordonnées GPS : N 44.580809° E 1.948149°

DURATION : 4 hrs. 15min.

383 m

LENGTH : 14 kms

309 m

267 m



WAYMARKING : Yellow



1 On leaving the car park, turn right on the D19 towards Cajarc. Go past the school, turn immediately right towards Les Condamines. At the fork, 300m on, take a path on the right going down through the woods. At the first crossing, go straight ahead on the path which goes down to a road. Go to the left on this and on a bend, take the first path on the right (Licardie spring on your right). Continue on, taking the path on the left at each fork, until you get to a farm.

2 Turn right outside this on to a wide path. Go up to the road, and take this, going to the right, to get to an iron cross. Take the path which goes to the right of this cross. Continue along the main path up to a crossing.

3 Here, turn right (bread oven 50m on the right.) Continue straight on along this path, which becomes a tarmac one, up to the D48 and take the wide track opposite (tumulus on the left). At the 1st crossing, continue straight ahead.

4 At the 2nd crossing, go left (cazelle on the right). Follow the main path up to the crossroads.

5 Follow the path which climbs to the right, up to the Martignes dolmen.

6 When you come up to the dolmen, take the path on the left parallel to the D19. Come into the hamlet of Martignes and turn right to get to the road. Cross it and take the path opposite you (a well on the left). At the 1st fork, take the path going down left to get to a

wider track. Take this heading to the right and follow it until you get to a cross path.

7 Here, take the GR65 to the left. Continue as far as a crossing.

8 Leave the GR and go right to get to a road which you cross. Take the path facing you (ruined dolmen on the left) and continue straight on. Where four paths meet, go straight on to the next fork and turn left to get to the D18. Cross this to take the path opposite you (pigeon tower on the right then the Font Dalan spring on the left). Continue as far as the D18.

9 Turn right twice to pick up a path. Come out on a little road, go to the left, go past a little pond, through a group of houses, and on a left-hand bend, take the 2nd path on the right: the GR65. At the end of this path, turn right and at the junction of the D18 and D21, go left. A little further on, the GR divides into two. Take the road on the left.

10 At a little cross, leave the GR and take the path on the right. Go down towards the château, and walk alongside it to get to the road. Turn left to get back to the village.

IN DRY STONE COUNTRY

They call them «bories» in Provence, cabanes d'Orri in the Pyrenees, and «cabottes» in Burgundy.

The Causse landscape is strewn with «cazelles» ; little huts built in dry stone (no mortar used). Sometimes they're square, most often round, but always roofed with «lauzes» (stone slabs). «Cazelles» is the French version of the Occitan «casèlas» (little houses).

Most of them were built by agricultural workers employed by landowners during the Second Empire to make the last remaining plots of uncultivated land ready to receive crops.

These structures were barns or huts for storing harvested crops, but also served as shepherds' huts, for the people looking after the flocks of Causse sheep.



“ This ramble around Béduer enables you to enjoy the variety of landscapes between the Causse de Gréalou and the Figeac area. The Martignes dolmen alone is well worth taking a walk to see. ”

TO SEE IN THE AREA...

- Béduer : 12th C. mediaeval castle
- Figeac : Saturday market

→ FOOD SHOPS/
RESTAURANTS ETC
Béduer

→ INFORMATION
Grand Figeac
Lot and Célé Valley
Tourist Office
05 65 34 06 25
www.tourisme-figeac.com

