

# ROUND WALK ALONG THE ANCIENT TRACKS OF PERN

→ SITUATION : Pern, 10 kms north-east of Castelnau-Montratrier via the D19 then the D55

→ START POINT : Pern Town Hall (Mairie)

Coordonnées GPS : N 44.328564° E 1.140512°

DURATION : 4 hrs.

LENGTH : 14.1 kms

WAYMARKING : Yellow



1 With your back to the church door, set off to the left towards the spring and laundry-trough. Go past this on the left side and come, after a square, to the Rue de la Mairie. Fork left, then right towards the cemetery. Follow this road (view on the right of Lhospitalet and the Château de Labastide-Marnhac). At the D659, cross over and continue on the track bearing left. At the road, continue ahead towards «Laromiguière».

2 At the reservoir (panoramic view at the hilltop), turn left. Go 400m then, at the D55, turn right, walk 200m and turn right on to the white dirt track which goes across fields.

3 Turn right, then take the track which goes up to Cézac on the right. On the way up, have a look at the «Théron» spring. At the top of the slope, turn right.

4 At the road, go to the right towards a hilltop path (turn around to have a look at the valley with its typical Causse vegetation). After a gentle climb, at the gate, fork right.

5 At the end of this track (where the short cut joins it), turn left, cross the road and continue straight on via the track known as the «Cami Romieu», once much-used by pilgrims on their way to various holy places. At the next road, head towards «Barrave». On the way, there's a view of Pern and Lhospitalet on the right. Leave the road to take the right-hand track which goes downhill. At the T junction at the bottom, fork left then at the following crossroads go right, continue on up to the D659. Cross over and follow it uphill to the right.

6 Where the wooden safety barriers end, turn left on a road which becomes a track (view over «Granéjoul» church). After 500m, take a tree-lined track on the right. At the road, turn right then immediately left. At a T junction, turn right. Further on, where paths diverge, go straight on. At the road, turn right then left.

7 After 150m, on the bend, go right along the track going downhill. Walk along by the wall on the left to return to the church.

“ Round walk across the Quercy Blanc plateau to explore its rich heritage, typical buildings and unspoiled landscape. ”

## TO SEE IN THE AREA...

• Sainte-Alauzie : the Boisse windmill  
Castelnau-Montratrier: 12th C. bastide, belfry and the 19th C. Romano-Byzantine style church of St. Martin

→ FOOD SHOPS/  
RESTAURANTS ETC :  
Castelnau-Montratrier

→ INFORMATION :  
Cahors - Lot Valley  
Tourist Office  
Montcuq Office  
05 65 21 84 39

## THE REFLECTION OF THE LAND

Built at a time when people used whatever materials they had to hand (or underfoot), traditional houses are an exact reflection of the land on which they are built. To the south of the Lot Valley, from beneath a thin layer of soil emerges the chalk rock which gave the area its name. A stone of such quality that it was used all over the Quercy Blanc for building houses. As in the rest of the Lot, these are traditionally built on two levels. Accessed via exterior steps leading to a modest balcony called a «bolet», only the upper floor served as living accommodation. The ground floor was reserved for agricultural purposes, a stable, a shop or a winery. The roofs are usually of the Mediterranean type, with curved Roman-style tiles.

