

THE HEIGHTS OF THE QUERCY BLANC



→ SITUATION : Cézac 11 kms north of Castelnau Montratier, via the D659 then the D64

→ START POINT : Church square in Cézac on the D54

GPS Coordinates : Coordonnées GPS : N 44.340174° E 1.342695°

DURATION : 2 hrs. 30 mins.

LENGTH : 8.5 kms

WAYMARKING : Yellow



“ This walk begins down in the Lendou valley, so you have to climb on either side of the village up on to the white, chalky hills which give the area its name – Quercy Blanc. ”

TO SEE IN THE AREA...

• The bastide of Castelnau-Montratier

→ FOOD SHOPS/
RESTAURANTS ETC :
Castelnau-Montratier and
Lhospitalet

→ INFORMATION :
Cahors - Lot Valley
Tourist Office
Montcuq Office
05 65 21 84 39

1 With your back to the church, set off to the right and go past the Salle des Fêtes. At the crossroads, go left. At the next junction, go left towards the little bridge and the D54, turn left then cross over to take the road which goes up towards «Aury». Continue on this up to the junction with the GR65.

1 Turn left and walk till you come to a road. Cross it and 150m further on, take a little track on the left. At the next junction, take the track on the right going down in zig-zags towards the valley. Cross the D54 and continue towards Castelnau-Montratier

2 Go to the left on the tarmac road towards «Lamothe» and go straight on along a white track up to a crossroads.

3 At the second fork, go left, continue to the next crossing. Follow the track on the left which goes up to the plateau and past the «Théron» spring. At the crossing at the top, turn left, go past an old mill and continue on.

4 In the woods, at a Y, take the track on the right which, running alongside stone walls, leads to a viewpoint over the Cézac valley. Follow the track which goes downhill. At the road, turn left and return to your start point.

THE WATER MILL

The Lamothe water mill in Cézac is, according to its previous proprietor, much older than the date engraved above the window on the side facing the road would suggest : Year VI (i.e. 6 years after the Revolution.) This date refers to the building of the miller's accommodation above the mill which in earlier times had apparently been the property of a religious community in Granéjols. If this is the case, had the mill been left out when the Cassinis mapped Quercy in the 18th C? This is the mill's own little mystery, as it nestles like a little jewel in its verdant surroundings.

Every year, on the third Sunday in June, the owner welcomes visitors and demonstrates the mill's workings, on the occasion of the Local Area and Mills Heritage Day.

