

PECH-LONG ROUND WALK

→ SITUATION : Lamothe-Cassel, 25 kms north of Cahors via the RD820

→ START POINT : square just below the Town Hall (Mairie)

GPS Coordinates : N44°36.713 E01°30.333

DURATION : 2 hrs. 30 mins.

LENGTH : 8 kms

WAYMARKING : Yellow

PARTICULAR DIFFICULTIES :

Crossing the stream if there has been a lot of rain



From the square, go down to the left and immediately right at the cross. Go up to le Mas Blanc on the path.

1 Go left on a road which turns into a track. Continue going down.

2 At the bottom of the descent, take a narrower track on the right. Cross the Puycalvel stream and at the junction, go back uphill via the track on the left. Continue along the stony track up to the hamlet of «Puycalvel».

3 Turn left between a house and the ruins of the château. Go past the church and at the next fork, go down to the left.

4 At a junction with a track (laundry trough upstream of the bridge), go right to follow the Puycalvel stream. When you get to a road, follow it to the left. Cross the Saint Georges stream.

5 At the junction, turn left towards Lamothe-Cassel. Go past two tracks on the right and take the 3rd towards the hamlet of Murat. Go back up the coomb and on a hairpin bend going left, stay on the main track (spring and laundry trough on the right).

6 At the top of the slope, fork left on a track which goes down towards the road (Route Départementale) and turn right. At the next right-hand bend, take the track going towards the village spring. Then take the path once used by water carriers and washerwomen to get back to the village of Lamothe-Cassel.

TO SEE IN THE AREA...

- Montamel : Remarkable rural heritage (spring, bread oven, dovecote, porch-cum-pigeon tower,...)
- Gourdon : Mediaeval town

→ FOOD SHOPS/
RESTAURANTS ETC
Saint Germain du Bel-Air ,
Labastide Murat

→ INFORMATION
Gourdon Tourist Office
05 65 27 52 50
www.tourisme-gourdon.com

CRAYFISH WARS

The Puy Calvel stream is one of the few in the area where the white-legged crayfish is still to be found. In the past, this was the only crayfish found in our waters. But the unauthorised introduction of American species including the Californian crayfish has gradually reduced the dominance of the little European species. The American crayfish, immune to the crayfish plague it carries, is also more aggressive and resistant to pollution. Now, the white-legged crayfish is protected at the French and at the European level. And the best means of protecting it is....doing nothing : that is, interfering as little as possible with the habitat. Fishing for white-legged crayfish is therefore not allowed in this département.

