→ MEDIUM

LINAC ROUND WALK

→ SITUATION: Linac, 11 kms north-east of Figeac, via the D31 and N122

→ START POINT: Car park just below the Salle des Fêtes
GPS Coordinates: N 44.66608° E 2.113154°

DURATION: 3 hrs. 15 mins

LENGTH: 11 kms

WAYMARKING: Yellow



A ramble through the Ségala, with its collection of landscapes and typical rural buildings.

TO SEE IN THE AREA...

- Figeac: Town of Art and History, Champollion
 Museum the Writing Systems of the World
- → FOOD SHOPS/ RESTAURANTS ETC Bagnac-sur-Célé and Figeac
- → INFORMATION Pays de Figeac Tourist Office 05 65 34 06 25

• From the car park, take the road to the left. At the crossroads, take the road to the right towards the stadium (view over the château of Puy Launay.)

- After the stadium (stone cross on the right), take the track left which leads to the RD31. Take a road to the right towards Lostanges. After the large building, take the track on the left which goes up to the RD31.
- 2 Turn to the right and follow the RD 31 for 400m. After Montluc, take a path to the right going downhill for 100m. Go right on the road up to Rouget. There, take a path to the left going down through woodland and meadows towards Lagardelle. Go back up the hillside opposite as far as the RD 16.
- 3 Cross over this then take the road, turn into the second road on the left to *Lascombelles*. Take the road on the left and immediately afterwards the track to the left which goes up along a ridge for 1 km (view over the Lot to the left and over the hills of the Cantal to the right.)
- Where four tracks meet, go straight down towards the RD16 and

the RD31 crossroads. Go straight on towards *Lacurade* and take the first road on the right, then the road on the left. Go through the hamlet and take the RD31 going to the right for 400m. Leave the RD31 to go right towards Le Verdié.

- **6** After 20m, take the track on the left up to the parting of the ways. Continue straight on towards *La Croux*. Cross the RD31 and take the track up to the large building of *Lostanges*. Take the road as far as the RD31. Fork left on the track leading to the stadium. At the stone cross, just before the stadium, take the track to the left up to a junction.
- **6** Take the track on the left, and come to Cussonac. Take the road to the left then the road to the right towards the church and back to the car park.



SÉGALA, THE HIGHLANDS OF THE LOT

In contrast to the arid Causses, the Ségala countryside is always green. In summer, the uplands of the Lot cast «a spell of shade and freshness», according to the novelist Pierre Benoît who loved to spend time there. The name «Ségala» is a reminder of the importance of the rye crop in former times. In the south, bordering on the Figeac area, the streams which flow into the river Célé have carved out deep, wooded valleys, separating the villages built high up along the hilltop roads. The traditional houses have very shallow pitched roofs covered with curved Roman-style tiles, with a distinctly Southern look. The oldest still have a wooden balcony, typical of the area, where the chestnut crop used to be dried in order to conserve the nuts for winter.



