

EXPLORING THE LIMARGUE

→ SITUATION : Issepts, 14 kms north-west of Figeac via the D840
 → START POINT : The Mairie in Issepts, information board and map of the route
 GPS Coordinates : : N 44.675014° E 1.926132°

DURATION : 2 hrs. 30 mins.

LENGTH : 10 kms, including a 500m there and back detour

WAYMARKING : Yellow



1 With your back to the Mairie, take the road on your right to the church. Go along beside it, very soon taking a little lane on the right. Continue on, passing under a porch. At a laundry-trough with its spring coming out of the masonry at the back, go up to the left on the little tarmac road. Follow this up to the hilltop road, going past several tracks to right and left.

2 Turn right on this road up to Pech d'Issepts. On the square with its immense plane trees, go to the right. At the end of the village take the first little road on the left towards Malmont ; the road becomes a track. Go down this track to the road. Take this going left, then immediately to the right take the vehicle access track. At the crossing 500m further on, take a return detour to the left to see a beautiful stone-built pigeon-tower, in a meadow on the right. Coming back, turn left and continue on the original track. Continue for 800m up to a track crossing.

3 Go to the right towards the Chapel of Saint Médard. At the crossroads where there are houses, continue on this track up to a crushed-stone track and turn right on this. Very soon take the left fork towards the Chapel of St.

Médard. At the next crossing, turn right and come to the Chapel. Follow the little road, go along beside the new cemetery (surrounded by a dry-stone wall). Continue on and cross the D48 towards the Mas de Bouzou.

3 After the houses of the hamlet of Les Cotes, follow the road opposite you for 800m, towards the D840. Before you get there, go right on the wide grassy track which runs beside it. 400m further on, when the track opens on to a meadow, leave it and turn right to get to the Dourmelle valley. Stay on this main track for 500m before turning left on to the path between stone walls. In the valley, cross the track leading to the water pumping station on the left, and go up the path opposite. Cross the road and continue on this path which leads to the village square in Issepts.

OLD STONES : ISSEPTS AND THE CHAPEL OF ST. MÉDARD

The village centre, which has been carefully restored, possesses some very fine vestiges of mediaeval architecture. The Chapel of St. Médard is a little Romanesque church dating from the 11th C., once part of a priory belonging to Figeac Abbey. Altered several times over the past few centuries, it possesses some fine architectural features, including the symmetrical stepped wall of the façade. The church has a single nave, ending in a semi-circular apse with a quarter-dome vault. The nave was covered with a simple timber-framed roof before being vaulted in 1830. The portal dates from 1833. The building has been a listed Historic Monument since 22nd May 1978. More recently, restoration work was carried out in 2003.



“ The woods and fields of the Limargue stretch from north to south of the Lot département, from the Corrèze to the borders of the Aveyron. ”

TO SEE IN THE AREA...

- Assier : ruins of the 16th C. Château and church of St. Pierre
- Fons : Benedictine priory

→ FOOD SHOPS/
RESTAURANTS ETC
Assier and Fons

→ INFORMATION
Pays de Figeac
Tourist Office
05 65 34 06 25

Information Office in
Lacapelle Marival
05 65 40 81 11

