

THE UPS AND DOWNS OF THE CAUSSE

→ SITUATION : Carluçet, 14 kms from Gramat via the D807 and D50

→ START POINT : Carluçet Town Hall (Mairie)

DURATION : 5 hrs. 45 mins.

LENGTH : 21 kms

WAYMARKING : Yellow



From the Mairie, go towards the church and take the grassy path which goes down to the right. Just before the first bend to the left, take the path which goes to the right alongside a wall and follow this straight on. Come out on the D50, follow this to the right for 40m and take a path which goes up on the left. This shady path leads to the junction of the D50 and D32 roads. Turn right and 50 m further on, leave the D50 and go down a grassy path on the right. Cut across the road to the path opposite you ; this goes up to a road. Turn left going past the Font Botte (drinking water) and continue to a crossing. Follow the path on the right up to the hamlet of Le Sol d'Andral. Cut across a large, grassy open space to pick up, on the left, a tarmac path which passes close by a former windmill (Moulin de la Comté and good view).

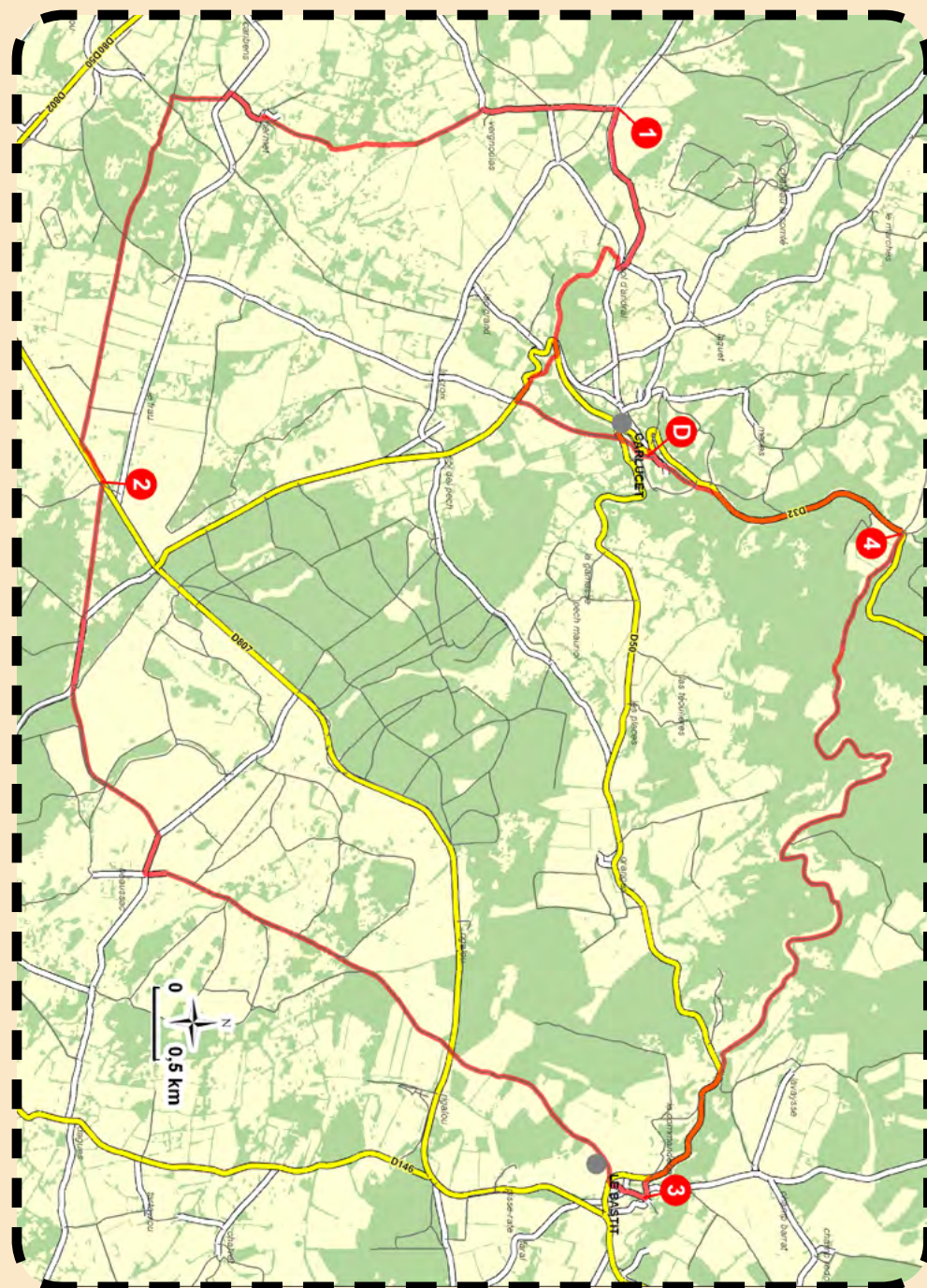
1 At the first crossing, at the Moulin de la Comté sign, turn left towards Vergnoulas, walk to the left alongside the lake and take the path. Open and close a gate on the right hand side of the path and cross a dry pasture (orchids in spring) going south for 500m following the signs visible on the largest trees, and continue up to another gate near the power line. Take the grassy path edged with stone walls, and go past the hamlet of Hermet to get to the D1; follow this going left then leave it and take the path bordered with old oaks on the right, following it to the crossing with a track, and continue opposite. Enjoy the views on the right over the distant villages of Goudou, Seniergues and Montfaucon. Rejoin the D807 road (shown as RD 677 on the map).

2 Turn left, cross the road then take

the first path on the right (sign for Le Frau) which leads to the Beussagot lake and enter the Beussac estate, facing you, (private hunting estate, but the path is a public one) through a metal gate. After going through the gate (please close it), follow the well-trodden path until you come to a road, turn right, come to the crossroads, turn left towards the sheep-barn. Follow the path alongside the barn, until you come to a metal gate. After the gate, take the path up to the D807 at the hamlet of Le Rigalou and, after going through two gates, cross this road. Take the path on the left leading to Le Bastit. Walk alongside the cemetery wall and go through the village.

3 Below the church, the «Le Bastit» sign indicates the way to go, via the D50 road up to the path. Follow this path to the right at the bottom of the Combe de Gouny dry valley ; pass close to the «Igue de St. Martin» (pothole) and to a former quarry, and come to the sign «La Carrière» at the intersection with the D32.

4 The route then takes you to the left along the D32, until you are just below Carluçet. Take a grassy path to the left and go past a calvary statue (site of former cemetery) on your right. The path rises steeply to the church and the road sign. From there, return to your start point by the way that you came on the outward leg.



“ A long ramble made to measure for keen walkers who will have the chance to see the La Comté windmill, the porch-cum belfry and the former Templar Commandery in Le Bastit. ”

TO SEE IN THE AREA...

- Le Bastit : church and former Knights Templars Commandery
- Rocamadour : listed village
- Gramat : Gardens of the Grand Couvent

→ FOOD SHOPS/
RESTAURANTS ETC :
Carluçet and Gramat

→ INFORMATION :
Vallée de la Dordogne
Tourist Office
Tel : 05 65 33 22 00

