

THE CAUSSE RAMBLE

→ SITUATION : Issendolus, between Figeac and Gramat via the D840

→ START POINT : Town Hall square

GPS Coordinates : : N 44.742994° E 1.787137°

DURATION : 4 hrs.

LENGTH : 16 kms

WAYMARKING : Yellow



1 Opposite the town hall, go to the right. Turn left after the sign marking the end of the village. At the end, follow the track going left from a right-hand bend.

2 Continue on the road to the left then along the grassy track. At the crossroads, take the path which goes downhill on the right. At the 2nd junction, follow the track on the left. Go past a hamlet (St. Chignes) on your right.

3 At the following junction, fork left. At the road, turn left. At the 1st turning, take the track opposite you. At the crossroads, go to the left. At the junction go to the right.

4 At the junction with the road, go left then right on the track. Where it crosses a trail, go straight ahead. At the calvary statue, go straight ahead uphill.

5 At the crossing (dolmen) go left and

follow the path facing you that leads downhill. Fork right and when you come to the road, go left then continue to the right to get to the D840.

6 Cross the D840, and follow the road on your right. At the junction, follow the GR6 going left. Go past the site of the former convent.

7 Leave the GR6. Go down the little road, then at the junction, turn left towards Breil. Cross the D840 again. Take the track which goes off behind the car park. Opposite a building, turn left. Come to a hamlet.

In this, turn right then left to get back to your starting point.

THE BEAULIEU HOSPITAL IN ISSENDOLUS

This was founded in 1235 by Lord Cardaillac-Thémines and his wife. From the Middle Ages until the Revolution, the Convent of Beaulieu-Hôpital played an important rôle thanks to its position on a much-frequented route : that of the pilgrimage to Our Lady, the Black Virgin of Rocamadour. It was a place where the poor and the sick were cared for, but also a stopping-place on the road for pilgrims and merchants. Reduced to a ruin in 1792, all that now remains of l'Hôpital-Beaulieu is part of the Chapter Room which opened on to the cloister. The ornate doorway, the bays separated by finely sculpted columns and the vault keys bear witness to the original grandeur of this convent, listed as a Historic Monument in 1920 (private property).



“ This walk is perfect for exploring the multiple facets of the Causse : rural architecture, crosses, dry pastures, dry stone walls, cazelles, dolmens and the vestiges of the Beaulieu Hospital Convent. ”

TO SEE IN THE AREA...

- Lacapelle-Marival : 13th-16th C. castle, church and 15th C. market hall
- Assier : 16th C. castle (HM) 16th C. church (HM)
- Gramat : Wildlife park

→ FOOD SHOPS/
RESTAURANTS ETC
Lacapelle-Marival and
Assier

→ INFORMATION
Assier Tourist Info Office
Lacapelle-Marival
Tourist Info Office
05 65 40 81 11

